

# FOR A NATURAL GREEN LAWN

The follow these rules for a healthy lawn that is free of toxic chemicals and synthetic pesticides:

1. Get your soil tested. Visit UConn's [Soil Testing Lab](#) to find out information on sending in a sample.
2. Be Reasonable! Allow for some spots to be less than perfect, your lawn will thank you!
3. Don't mow too low or too often.
  - Keep your lawnmower blade sharpened well (every 4-6 weeks). A dull blade tears blades of grass exposing them to disease and damage.
  - Cut no more than 1/3 of the length of grass each time you mow.
  - Leave grass clippings—they provide essential lawn nutrients.
4. Irrigate your lawn on no more than 2 inches a week. Rain counts.
5. Keep your lawn aerated. Core-aeration works best. A pitchfork works too.
6. Seed or Re-seed once per year and compost.



For more information, visit [www.frwa.org](http://www.frwa.org) for links to local natural gardening resources and other informational flyers. Consider signing the pledge to maintain a chemical free lawn at [www.frwa.org/pesticides.html](http://www.frwa.org/pesticides.html).

